

Macpac List for NEW ZEALAND 2017	
Macpac Back pack Race 40 litre	1224
Ultra sil day pac for shoes, jumper and night use	68
Ultra sil packcover OR liner	102
1 x Medium(10L) Red Ultra sil Macpac clothes bag	38
1 x Ice breaker scoop neck black shirt no holes	80
North Face Long Pants (215g)	215
Skechers (300), Nike Shoes (450) or socks (40)	300
UNI QLO Puffer VEST or just other puffer vest ???	
UNI QLO Red Puffer Jacket long sleeves NO?	
Undies 2pr - 1pr bonds (35) + 1pr holeproof (20)	55
Socks 1 pr Wool Mountain Design	63
Top long thermals: Myers (56) or Camplin (74)	56
Long Sleeve shirt Black silk (100) White cotton (135)	135
Long Sleeve red shirt,	103
Long Black tights Skins (146) or 2XU (142) NO??	131
PJ Top -or use Icebreaker	65
PJ Bottoms - or use north face long pants	58
Aldi or Macpac Wind Jacket 84gms NO???	88
Rain pants North Face (202g)	203
Haglofs Red rain jacket (red 242)or orange 200	242
Sea to Summit Grey Poncho -or cheapie (50g)	200
Rug(350) or S2S thermolite(270) or silk liner(105)	105
Sea to Summit down Sleeping Bag in ultra sil 4l bag	575
Pillow Case (30) + foam pillow (70)	100
Red Neck Scrunchie a la Graham or scarf (40)	40
Gloves, 1pr Tough Bags (82) and/orFleece (68)	68
Beanie (Ice breaker beanie is 26g aldi 46)	26
iPhone, ear buds, charger, etihad zip case	250
SUB TOTAL CLOTHES + MacPack	4590
Toiletries/face washer/micro fibre towel	407
Food and containers etc	1700
Eating Stuff - Plate, cup, pocket knife etc	668
Kit bag - Money/Passport/Phone etc	239
Maps	90
Computer Gear	1305
TOTAL for NZ including maps and Books	8999
TOTAL for NZ LESS COMPUTER GEAR	7694

WEARING ON DAY	
Black Back Wrap around under pack belt	95
Black Holey Ice breaker shirt	102
Undies 1 pr Bonds	35
Socks 1 pr Wool Mountain Design	63
Handkerchief/wrist towel	6
3/4 tights Arcteryx (156) or colombia longs (246)	246
North Face Trail Shoes (606) or Salomon (745)	745
BlackPadded Vest (ALSO use as pillow)	256
Body for you Black Cap	56
Exofficio longshirt 188 or Colorado checkshirt 120g	120
Walking Poles (460g) NOT IN NZ??	0
Watch Casio /Coghlagns Thermometer	36
TOTAL	1760
TOTAL CARRYING + WEARING	10759
SUB TOTAL MAPS AND BOOKS	
Maps (use Brochure)	30
Notes	30
Map	
TOTAL	60

Toiletries	
Cosmetics case Ultra sil + 2 zip bags	14
Hair gel (22g) - NO???	
Toothpaste	15
Toothbrush	8
Shampoo tube	40
Insect Repellant Bushmans NO???	0
Band aids/cotton buds	10
Voltaren tablets + Nurofen	10
Foot Cream NO	0
Diprosone Cream	11
Hydrocortisone 1%	16
Perfumed Cream Chanel or tube anais anais	40
Blistex Lip Cream 1 half	19
Tweezer/Scissor/file(32) or 2 emery boards(2g)	2
Razor x1	10
Sewing kit	9
Cotton towel DRY (Yellow Chamois)	50
Blue wipe WET	18
Torch Maglite (70) + headlamp (40)	110
sml Toilet paper roll	25
TOTAL TOILETRIES	407
Food and Water	
Water 1 bottles (1x240ml)	250
Tomatoes/Ham/lettuce/cheese/fish/rice cakes	400
2 x plastic bottles red wine	400
Back Country Mince 2pkts @160g each	320
Coffee bottle with Coffee (50) NO???	
Tea Coffee Sugar in zip bags	330
Vitamins Multi B, Mg, Ca	0
TOTAL FOOD	1700
Eating Utensils	
Food Bag - plastic bag	20
2x Plates (45g) & Bowls (35g) +Ikea bag (12g)	160
Knife/fork/spoon x2 + salt/pepper = 220 IAN	
Cup x 1	40
Pocket rocket + Gas Bottle	300
Matches (20) IAN JAN (8)	8
2 aluminium pots/wooden spoon (254) 1 each	140
TOTAL EATING UTENSILS	668
Kit bag	
Macpac Sml UltraSil Bag (28) or Ziplock (7)	7
Qantas Freebie as purse	6
Money/visa	92
Pens	7
Passport	37
Glasses Zip Case (Intersport grey check)	45
2pr glasses (Diesel, Fisho)	45
TOTAL KIT BAG	239
Miscellaneous/Mapsand Itineraries	
blue Sitting mat	30
Itinerary and flight info in plastic sheet	30
Maps and Notes	30
TOTAL MISCELLANEOUS MAPS ETC	90
Computer gear	
Green Ultra sil Carry Bag	35
MacBook Air 11inch Laptop	1067
AU Apple Charger (190)	191
Earphones	12
TOTAL COMPUTER GEAR	1305

To Leave at Te Anau during Kepler Track

Some tea/coffee/sugar.	100
2 pkts Back Country Mince	320
Phone Charger	200
Some Perfume/toothpaste/razor	100
2 hand warmers	40